



BURLINGTON POLICE DEPARTMENT

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PRESS RELEASE

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Regarding the RAD Self-Defense Program (Rape Aggression Defense)

The Burlington Police Department will be hosting another RAD (Rape Aggression Defense) class starting Friday July 9, 2010. RAD is a national program comprised of realistic self-defense tactics and techniques designed for women of all abilities. Classes will first be offered to Burlington residents and then to those that work in the city. The cost for this class is \$50 and includes a take home student manual. Seats are limited and are reserved on a “first come, first served” basis. For more information or to sign up, please contact Corporal Laura Pezzulo at (802) 540-2220. Information is also available on the RAD website: www.rad-systems.com